

Message from Cristy

Dear friends,

Each year, we focus our system-wide Aurora Gala on an initiative that supports the care we provide across our footprint. I am thrilled to share with you that 2016's event will focus on the health of women, and what Aurora Health Care does differently to provide the best personalized care to help more women live well. This year's Aurora Gala theme is **Strong. Inspiring. Unique. Just like you.**

In the spirit of this theme, I'm excited to announce five amazing women who are serving as co-chairs for this event: Joanne Bauer, Aurora Health Care Non-Executive Board Director; Patty Cadorin, Vice President and Senior Advisor of BMO Harris Bank; Minnie Chambers, EdD, community advocate; Nancy Hernandez, President of ABRAZO multicultural marketing & communication; and Kathy Turkal, community volunteer. I had a chance earlier this month to talk with these ladies about why they chose to help lead this year's event.

Patty: The creation of the Aurora Women's Pavilion more than a decade ago was the culmination of a vision to serve the women of Southeast Wisconsin at a center of excellence unlike any other in Southeast Wisconsin. Today, the Women's Pavilion continues to be committed



(L-R) Cristy Garcia-Thomas, Dr. Minnie Chambers, Joanne Bauer, Patty Cadorin, Kathy Turkal and Nancy Hernandez.

to transforming the health of women – by women – to better align with what women want in their care.

Joanne: Aurora is committed to being on the cutting edge of caring for the total health of women in our community. It offers a combination of preventative health and wellness, including integrative medicine therapies. In fact, Aurora offers more certified integrative medicine specialists than any other system. As a woman, I appreciate the commitment Aurora has in leading the way to better address the comprehensive health of women in our community.

Nancy: Having personally experienced the Women's Pavilion with the birth of my daughter and subsequent care, I can attest to the holistic approach of Aurora's women-centered care. From the genuine compassion of their caregivers to the life-long guidance, education and well-being they deliver, Aurora's ongoing service to women is unique in our community.

Minnie: My husband is an OB/GYN at Aurora and I've seen him revel in the way care is changing – to be more personalized to the women we serve. This is something I have always been an advocate for as well. I'm so proud Aurora is leading in this way.

Kathy: I take pride in what we do at Aurora. My own female family members have received care here for various health issues, and I cannot say enough about the expertise, the empowerment physicians and clinicians provide to their patients to make informed choices and ultimately to give us the tools to live well.

Please join us for this exciting celebration of women on October 8!

Always,

Cristy Garcia-Thomas
President, Aurora Health Care Foundation and
Chief Diversity and Inclusion Officer, Aurora Health Care



A Celebration
of Aurora's
Commitment to the
Health of Women:
Strong. Inspiring.
Unique ... Just like you!

SATURDAY, OCTOBER 8, 2016
BMO HARRIS BRADLEY CENTER | MILWAUKEE, WI

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Dr. Nick and Kathy Turkal

For tickets, visit give.aurora.org/auroragala or contact Ron Irwin at 414-219-4755 or ronald.irwin@aurora.org.

*confirmed sponsors as of July 15, 2016



2 | inspire Aurora Health Care Foundation

Ken Yontz and the gift that's transforming care

How that gift was motivated by the women in his life

It was a \$2 million gift from Ken Yontz that helped start the Karen Yontz Women's Cardiac Awareness Center, located inside Aurora St. Luke's Medical Center. Ken lost his wife Karen, at the age of 48, after an eight-year battle with heart disease. Ken then helped create the Center to educate other women about their own heart health.

This year, that gift is taking on new life with the creation of the Karen Yontz Center for Cardio-Oncology at Aurora Health Care. This new program is even more personal for Ken, as Karen also fought Hodgkin's Lymphoma in her early 20s.

"Karen's death, even though it was heart disease, was really brought on by her cancer treatment. So we've really come full circle by tying in cancer and heart health," Ken explains.

"Nothing would have made Karen happier than knowing she's helping other women."

- Terri Yontz Miller

The program will be one of the first-of-its-kind, featuring a unique collaboration between the cardiology and cancer service lines. A database is being created that will monitor patients who are treated with potentially cardio-toxic chemotherapy. Depending on their risk, some patients will require heart screenings before, during and after treatment. The program could have a particular impact on the treatment of women because many of the drugs being studied are often used to treat breast cancer.

That's especially gratifying for Ken because of some other women who are dear to his heart. Ken lost his daughter Jennifer earlier this year, after her battle with oral cancer. His oldest daughter, Terri, has survived breast cancer and melanoma.



Ken Yontz stands next to a portrait of his late wife Karen, who died from heart disease related to her cancer treatment.

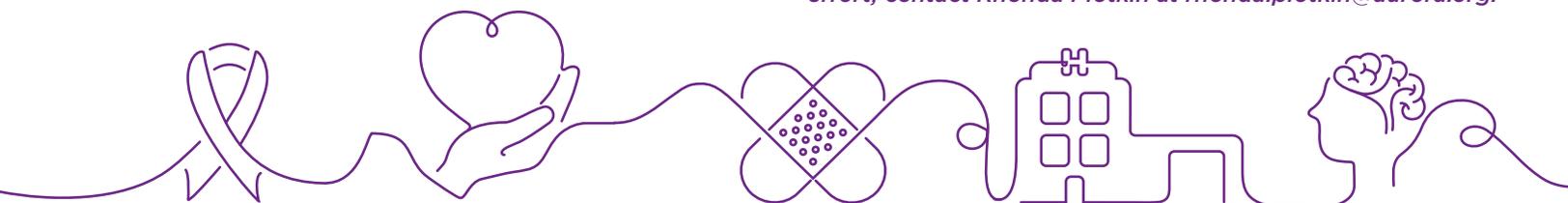
"This has been a tough year," Ken shares. "I was also diagnosed with lymphoma just 10 days after I lost my daughter, Jennifer. And I can tell you as a cancer patient myself, when you hear the words 'You have cancer,' you're not thinking about your heart; you're thinking about doing whatever it takes to cure your cancer."

Terri says she and Karen were very close. "I hope this can create more awareness for women about our bodies and health. We're always taking care of others and putting ourselves last. We have to ask questions and talk to our doctors."

Terri is gratified to see her dad happily remarried to wife Linda, and knows how much this new effort, which grew out of his original gift, means to him. Terri hopes this new collaboration will help empower women to make their own health a priority.

She says that's something Karen would have loved to see too, "Karen just loved people; she made people better. Nothing would have made Karen happier than knowing she's helping other women. Her heart truly lives in this center today."

If you're interested in learning more or supporting this effort, contact Rhonda Plotkin at rhonda.plotkin@aurora.org.



Surrounding women with the best care possible



Elizabeth Dickson Michelson, MD
Gynecological Oncologist

“ Women need to take care of their own health priorities in order to continue to change the world around them. I see women every day who are beating the odds, so that they can contribute to their families and our society. I’m truly proud of all the services Aurora provides to help make that possible.”

Sharain Horn, RN

Safe Mom Safe Baby coordinator

“ Some women are truly overwhelmed and cannot advocate for themselves. It’s my job to offer resources that can help them immediately, and into the future. For women who are feeling isolated and alienated, this program provides hope.”



Rick Kellar

President of Aurora West Allis Medical Center

“ Having such quality services at the Aurora Women’s Pavilion has elevated the care across the entire Aurora West Allis Medical Center campus. It’s a reflection of our facility as a whole and it’s a source of pride for us.”

Tracy Capes, MD

Female Pelvic Medicine and Reconstructive Surgery

“ Aurora’s commitment to women is demonstrated by the creation of the Women’s Pavilion in West Allis and the outreach Pavilion in Franklin. The Pavilion is entirely focused on women’s health, from obstetrics, cardiology, endocrinology, urogynecology through cancer treatment as well as acupuncture and sexual health.”



LaRoyce Chambers, MD

OB/GYN, Aurora Sinai Medical Center

“ I have the privilege to work with so many women throughout many stages of their lives. At this stage in my career, I’m even caring for women who I personally delivered as infants decades ago. I’ve watched the focus of women’s health evolve over the years, and I am excited at what the future holds.”



Amy Dilley, RN

Breast Care Coordinator at Aurora Memorial Hospital of Burlington

“ We have programs that can help women cover the costs of certain tests and screenings. There shouldn’t be barriers for women when it comes to their health, especially breast cancer. I’m so grateful to be able to help women through that journey, in any way I can.”

Jill Cruz, her daughter Jessica Cruz, and Jessica's baby, Jazzmaiah. Jill and Jessica both work and receive their care at Aurora Health Care and Jessica delivered Jazzmaiah at Aurora Sinai Medical Center in Milwaukee.



Mira Ketzler

Sr. Dir. of Women's Health

“ We know women will frequently not put themselves first; they're always caring for others. We're trying to make sure these women, whether they have children or spouses, can stay healthy. Healthy women equal a healthy community. ”



Cari Kazik, RN

Dir. Of Women's Health at Aurora Medical Center in Summit

“ We continuously strive to find new and better ways to improve the health of women with evidence-based research and personalized care. And we truly hear women's concerns about family – and the future. At Aurora, we think about tomorrow, today. ”

Judy Tjoe, MD

Breast Surgeon and Founder of Aurora Health Care's Team Phoenix, a breast cancer survivorship program

“ I am honored to work with so many amazing women who are transforming the way we face breast cancer. Together, they redefine survivorship. They are my heroes. ”



Peter Johnson, MD

Gynecologic Oncologist at Aurora BayCare Medical Center and the first in Wisconsin to use the state-of-the-art robotic-assisted technology for gynecologic procedures

“ The health of women really does impact the health of our families and our community. It has been my passion to not only provide the best care for women in my practice, but to incorporate new techniques and procedures to better address their individualized health needs. ”

Herica Silva

Ambassador for The Healing Center

“ We know that more than 80% of rape victims are women and girls. I am determined to speak the truth about my childhood sexual abuse in hopes of saving another life and ending the cycle within families. The services provided at Aurora's The Healing Center have made that possible. It gave me my life and voice back. ”



Terese Beauchamp

Manager of Women's Health and Community Education

“ Aurora is committed to women's health – which includes women's wellness. The information and support provided by the Karen Yontz Center can be extremely empowering to women who are ready to take action to improve their own health. ”



A labor of love, designed just for women

“It really was the first-of-its-kind in the state of Wisconsin,” says Mira Ketzler, now the senior director of women’s health at Aurora Health Care. Ketzler came to Aurora to help launch the Aurora Women’s Pavilion at Aurora West Allis Medical Center.

The Pavilion came about when Aurora leadership realized a need on Milwaukee’s south side to provide a safe, comfortable place for women to have their babies.



The Aurora Women’s Pavilion opened in 2002 inside Aurora West Allis Medical Center.

“At that point in time, about half of the deliveries that should have been occurring on the south side were leaving because none of the facilities had a Neonatal Intensive Care Unit, or NICU. So that became the foundation for our thinking,” explains Claudette Hamm. Hamm is now retired but was part of early discussions, research and development of the Pavilion as well. She says physicians and leaders from Aurora West Allis and Aurora St. Luke’s Medical Center joined forces to create a truly unique approach to women’s health.

“We started looking beyond obstetrics and gynecology and started to view women’s health in a comprehensive way. We made 17 site visits all over the country to see

what other systems were doing, what were their programs like? And we put all these ideas together to create something that had really never been done before,” Hamm says.

The Aurora Women’s Pavilion received six awards during just the first few years of opening. The awards were not only for facility design, but for the innovation and programs that were created to treat women in such an integrated way. It’s not just a place for women to have a baby; it’s a place to receive care for breast cancer, heart disease, behavioral health issues and more. Both Ketzler and Hamm agree that one of the greatest advantages of the pavilion still today, is how it serves as an innovator for the women’s health service line throughout the Aurora Health Care system.

“It has provided us a place where we can develop niche programs focused on specific women’s health issues that can then be shared across the Aurora system,” Ketzler explains.

“It really made Aurora a national leader in women’s health. By the time I left, we had been visited by almost 70 other systems. We made a difference in our community and we set a higher bar in the state of Wisconsin, and I think nationally,” Hamm says.



Molly Staab and her son Gulliver enjoy a “My Morning with Mom” class at the Aurora Women’s Pavilion. The class is free and open to new mothers, regardless of where they gave birth. It’s one of many community programs offered at the Pavilion.

Having a baby: There's an app for that

Pregnancy is a special stage in a woman's life, full of both love and anxiety. Babyscripts, a new program being piloted at the Aurora Women's Pavilion, intends to improve the pregnancy experience by giving women more control and access to care through technology and information.

What is Babyscripts?

Babyscripts is an app that allows for easy communication between Mom and her practitioner. This includes blood pressure and other vitals transmitted to the practitioner, plus weekly checklists and to-dos customized by the practitioner and then sent back to Mom.

"Babyscripts allows for standard health monitoring during pregnancy, but from the comfort of home," says Pam Becker, a clinic operations manager at the Aurora Women's Pavilion. "Even though Mom is not in the office, we actually get a better idea of how her pregnancy is progressing."

While the pilot program, currently in place for low-risk pregnancies, will reduce the number of visits between

Mom and practitioner, the result will be feelings of greater security and comfort.

"We can't always see Mom the same day she calls with questions," says clinic operations supervisor Carol Ziolecki. "But through Babyscripts, we can arm her with the information she needs to feel comfortable about the choices she's making."

Another benefit for moms? Babyscripts saves time and money: Reduced travel and time away from the office for appointments means more time available after the baby is born.

High hopes for the program

This makes Babyscripts a likely satisfier for pregnant women who receive their care at the Aurora Women's Pavilion, with the hope of total commitment from those joining the pilot.

Babyscripts also represents significant learning opportunities for practitioners. "Babyscripts allows for two-way access," says Moiz Dawoodbhai, project manager for the Babyscripts pilot. "We can learn how this access can help women, and the practice of women's health overall."

The next big move

Babyscripts can be customized to help moms who are at risk, too. Aurora is currently working on a program that will be usable for higher risk moms in the future.

After registering with their OB, soon-to-be moms download the app and receive the Mommy Kit in the mail within the following week.



Catering to women at Aurora BayCare Medical Center in Green Bay

The Women's Center at Aurora BayCare Medical Center has been a leader in women's health since 2001. In fact, it was the first hospital in Wisconsin to become a Center of Excellence in Minimally Invasive Gynecology, or COEMIG. It was also the first program in Aurora to provide 24/7 onsite obstetrics, and is still the only hospital in northeast Wisconsin to have such a program.

"We have specialists in maternal fetal medicine, urogynecology, fertility, breast health, genetics, a Level II Neonatal Intensive Care Unit ... the list goes on. The Women's Center is the place for women to get all their health care needs met, in an integrated way, in one place," says Sandra Ewald, president of the greater Green Bay market.





Vince Lombardi CANCER FOUNDATION



This September, Cousins Subs will donate a percentage of every combo meal sold—up to \$50,000—to the Vince Lombardi Cancer Foundation as part of its Combos For A Cure campaign. Help support this winning team by purchasing a combo at any Cousins location in Wisconsin. Vince Lombardi Cancer Foundation raises funds to support cancer research and innovation at Aurora Health Care.

To learn more, visit cousinssubs.com.

Calendar of events

Friday
August 19

Live Well Ozaukee

The Watermark at Shully's, Thiensville
For more information, go to give.aurora.org/livewellozaukee.

Sunday
October 2

Walk for Aurora Zilber Family Hospice

Hart Park, Wauwatosa
For more information, go to give.aurora.org/zilberwalk.

Wednesday
October 5

Evening of Promise

Hampton Inn & Suites, West Allis
For more information, go to give.aurora.org/promise.

Saturday
October 8

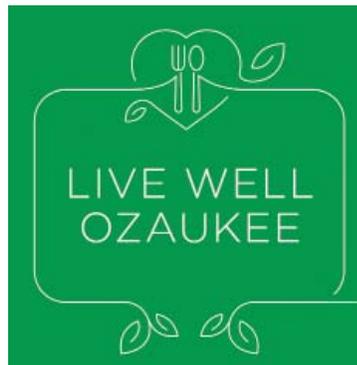
Aurora Gala

BMO Harris Bradley Center, Milwaukee
For more information, go to give.aurora.org/auroragala.

Friday
October 28

Live Well Oshkosh

Brighton Acres Farm, Oshkosh
For more information, go to give.aurora.org/livewelloshkosh.



Friday, August 19
5:30 to 10 p.m.

The Watermark at Shully's Thiensville, WI

Live Well Ozaukee will support the When Minutes Matter campaign, that aims to improve the emergency response infrastructure and emergency medical training in Ozaukee County.

The goal is to empower the entire community with lifesaving tools, when minutes, even seconds, count.

Purchase a ticket now at give.aurora.org/livewellozaukee.